

# JMHCC

Lifelines



Kimberly Langley, left, and Tracy Langley hold a photo of Steven Langley, whose organs were donated to help others following his death.

## Donating the **GIFT OF LIFE**

**W**hen Steven Langley's heart stopped beating, his wife's heart broke. But even as Tracy Langley stood in the hospital emergency room mourning the sudden loss of her husband, she found solace in a nurse's gentle question.

"Yes," Tracy answered. Yes, Steven wanted to be an organ donor.

"I wholeheartedly agreed," Tracy said. "It is very important to talk about it beforehand, so when you're in that time of mourning, of shock, you don't have to guess about it. You know what they wanted and you've agreed to their decisions."

Steven Langley died May 2 after arriving by ambulance to the emergency room at Jacobson Memorial Hospital

Care Center (JMHCC) in Elgin, following a two-month struggle after suffering multiple heart attacks. His organs were donated, and his family knows his wish to help others was granted.

"That's really why we did it is to help people," Tracy said, pointing to

a letter from Dakota Lions Sight & Health, indicating Steven's corneas

continued on next page

JMHCC Lifelines • Summer 2018

JMHCC  
601 East St. North  
PO Box 367  
Elgin, ND 58533  
701-584-2792  
[www.jacobsonhospital.org](http://www.jacobsonhospital.org)  
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restored sight for two people.

“These individuals and their families will never forget this precious gift,” the letter stated.

“They may not know who Steven is, but the spirit of what he did lives on,” Tracy said.

Steven had lived a life of ventures, meeting Tracy when they both lived in Florida. Married for 29 years, they had two children: Kimberly, who has returned to Lemmon for now, and a son who is also named Steven, who is stationed in Alaska with the U.S. Army. The family moved to Lemmon, S.D., in 2010 after seeing a house listed online. But in 2012, they lost that home to a fire. So Steven put his passion for woodworking to use and built the family another home on the same site.

The home now includes art Steven created using woodburning, and a tribute to his thoughtfulness – a fish-shaped perch he built for a three-legged cat to more easily access a climbing tree in the home.

“He was a really funny guy, very loud. He loved to talk to anybody,” Kimberly said, describing her father.

“He was very thoughtful, a very intelligent guy. Playing trivia pursuit with him was impossible,” Tracy said. Steven was also a history buff and his favorite job over the years was working as a CNA.

“He always said his favorite job was as a CNA at a nursing home, because he could give faith to those that needed it greatly; he cared for others more than himself and always tried to protect the defenseless,” Steven’s obituary stated.

Although Steven’s health was compromised, he still helped where he could, shoveling sidewalks or visiting others in local hospitals.

“You pay it forward. That’s what life is about,” Tracy said.

But during a blizzard on March 6, while tending to the animals outside, Steven had a heart attack. He was taken to another hospital, then airlifted to Bismarck, where he spent nine days in the ICU and another month recovering in the hospital.

“He really had that determination to be better,” Kimberly said.

“During that month he was in the hospital, we got to talk about all kinds of things. Not everybody gets to talk

about having a near-death experience. He got to say things he was wanting to say and tell us kids how he really felt about things and what he wanted us to do after he passed and I’m really grateful for that. Not everyone gets that,” Kimberly shared.

The family knew that organ donation was something he wanted. Steven’s father had been an organ donor and Steven had talked to both of his children about the importance of organ donation when they obtained their driver’s licenses.

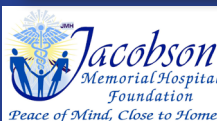
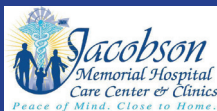
“We knew that organ donation was something he really wanted, to be able to help people and pay it forward,” Kimberly explained.

In May, Steven and Tracy were returning to Lemmon following an appointment with a Bismarck cardiologist when Steven became ill. Not knowing there was a local hospital in Elgin, Tracy pulled alongside the road and called for an ambulance.

Steven was transported to the emergency room at JMHCC in Elgin, where doctors were already there through an innovative concept called eEmergency offered by Avera McKennan Hospital in Sioux Falls, S.D. The

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## Welcome!

Welcome to Lifelines, a newsletter which is published quarterly by the Jacobson Memorial Hospital Care Center and the Jacobson Memorial Hospital Foundation, serving the region.

### ***The mission of Jacobson Memorial Hospital Care Center:***

Advance the health of the communities with respect and accountability, providing peace of mind close to home.

### ***The vision of Jacobson Memorial Hospital Care Center:***

Strive to be the community choice by providing excellent health care through continuous improvement.

### ***The mission of the Jacobson Memorial Hospital Foundation:***

Jacobson Memorial Hospital Foundation, in support of Jacobson Memorial Hospital Care Center, is to engage and foster health care philanthropy, and provide funds, support and programs to enhance continuous health care excellence for our region.

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technology links Avera's emergency-trained staff of nurses and doctors located at a central hub in Sioux Falls to subscribing rural hospitals through two-way video technology.

Within minutes, Dr. Alan Lindemann, Family Nurse Practitioner Carey Rivinius and other staff were heroically trying to save Steven's life.

"It's an amazing hospital," Tracy said. "Everybody was wonderful. They tried their best. They dropped everything. So many people were in that room, doing what they do."

"I felt selfish when I wanted him to come back," Tracy said about Steven's death. "We talked and I said, 'If it comes to this point again, you've got to go, you can't hold on.' He was trying, he was really trying."

But as Steven's life ended, other lives would be saved through his organ donations. Once again, he paid it forward, as his organs were donated to help others. And Tracy found comfort in the process of organ donation.

"True sincerity came from there. The doctors, nurses, they were all very good in doing their job and doing it very well. Everybody there has been wonderful through the whole process," she said. The family felt reassured in making their decision about organ donation, and encourages other families to have that conversation, even if it may be difficult to discuss.

"It's one thing that you can really find comforting to know that he helped people," Kimberly said.

Steven's organs were donated to others through LifeSource, which is the nonprofit organization dedicated to saving lives through organ, eye and tissue donation in the Upper Midwest.

"We recover the lifesaving gifts donors selflessly give and work with transplant centers to get them to those waiting. We also provide resources to donor families like support groups and memorial opportunities for as long as they would like to take

**"We knew that organ donation was something he really wanted, to be able to help people and pay it forward."**

*- Kimberly Langley*

part in them," explained Matt Erickson, public relations coordinator with LifeSource.

One person's gifts of organ, eye and tissue donation can help up to 75 people, according to LifeSource.

In North Dakota, there are 162 people waiting for a lifesaving kidney transplant, Erickson said. In the region, 3,417 individuals are on a waiting list to receive an organ. A new name is added to the transplant waiting list nationally every 10 minutes.

More than 3,400 people in the Upper Midwest are waiting for a transplant and the situation nationally is even more desperate, with nearly 115,000 people waiting for a transplant and approximately 22 people dying each day due to the organ shortage, according to LifeSource.

Those statistics point to the need for organ donation, Erickson said.

"Anybody can register and everybody has the potential to be a donor," he said.

North Dakotans can register online to be an organ, eye and tissue donor through the N.D. Department of Transportation. You can also register as a donor by checking the box on your driver's license or state ID card application.

"When you register as an organ, eye and tissue donor, you are making a legal decision and, even after your death, your decision will be honored. It's important to talk with your family so they can be prepared to honor your decision at the time of your death," the LifeSource website explains.

Your age or health should not prevent you from registering to be an organ, eye and tissue donor. Most



health conditions do not prevent donation and age is not a factor. If you decide to be an organ, eye and tissue donor, your family will not have to pay for any medical expenses associated with the donation.

If you have any questions about registering to be a donor online, please contact the N.D. Department of Transportation by calling 701-328-2600, email [dl@nd.gov](mailto:dl@nd.gov) or visit your local driver's license station.

Those interested in being a donor can also register and learn more at the website, [www.DonateLifeND.org](http://www.DonateLifeND.org). More about LifeSource can be found at [www.life-source.org](http://www.life-source.org).

"If you can give somebody life, a family man who has a whole life ahead of him, it's amazing. It's unfortunate that it happened. I'm very sad still, but for the most part I am glad he was able to help somebody else, because had it been our family who needed it, we would be grateful for somebody doing that for us," Tracy said. ■



# Elgin designated as Cardiac Ready Community

The community of Elgin has been designated as a Cardiac Ready Community after meeting certain criteria and applying for the designation.

Jacobson Memorial Hospital Care Center (JMHCC) spearheaded the effort to work with community representatives to designate Elgin as a Cardiac Ready Community through the N.D. Department of Health. Signs have been placed along Highway 21 and Highway 49 so responders, residents and visitors know the community is a Cardiac Ready Community.

To be designated, each community must satisfy specific criteria. These standards prepare residents with the skills to respond to a cardiac event. Standards must be reached in CPR instruction, public access to AEDs, blood pressure screenings, resuscitation protocols and transport plans for EMS and the hospital.

Once a community meets the established criteria, it can apply to be designated as a North Dakota Cardiac Ready Community. The designation promotes survival of a cardiac event which occurs outside of the hospital setting. Cardiac Ready Communities are empowered to actively lower cardiac mortality rates.

“During a cardiac arrest, the first five minutes are critical. With the placement of AEDs, people trained in CPR and emergency responders in place, we have a community which is prepared to increase survival rates,” said JMHCC CEO Theo Stoller.

The goal is to have a community prepared to respond and assist if an individual has a cardiac arrest. To do this, it is important for individuals to be able to recognize a cardiac emergency, know how to dial 9-1-1 to access first responders immediately, begin CPR and have public access to AEDs. An AED is an automated exter-



nal defibrillator, a portable electronic device which uses audio and visual commands to direct a layperson to treat a cardiac arrest through the application of the device.

In Elgin, AEDs are located at the fire hall, the community center, Our Place Cafe, Dakota Hill Housing, the hospital and at three locations at the school, including the high school, elementary school and the pool. Signs will be posted at these locations so residents know where these devices are located. Through the Cardiac Ready Community program, an AED is also now being carried in a deputy sheriff's vehicle.

Through the program, it was determined that approximately 400 people in Grant County have become certified in CPR.

To receive the designation, JMHCC organized community stakeholders and served as the lead coordinator. Stakeholders included ambulance, fire department, city, sheriff's department and Custer Health representatives, as well as hospital staff.

The N.D. Department of Health evaluated the community's current readiness and its plan to meet pro-

gram criteria. This included access to AEDs, awareness campaigns – which will be ongoing – and CPR training.

Nine communities in North Dakota have already achieved the designation: Elgin, Powers Lake, Rugby, New Rockford, Valley City, Mayville, Hebron, Wishek and Jamestown.

“With all the hard work and dedication, you have made your community safer and healthier,” shared Danielle Schoch, with the N.D. Department of Health Division of Emergency Medical Services. “North Dakota Department of Health and Division of EMS congratulate and wish your community continued success and wellness.”

Following Elgin's designation, JMHCC is now working with New Leipzig to achieve the same designation. Plans are for all of Grant County to be prepared for cardiac events.

The Cardiac Ready Communities project is a partnership of the N.D. Department of Health's Division of Emergency Medical Systems and the American Heart Association through the North Dakota Cardiac System of Care. The designation is valid for three years, at which time the community will need to renew the designation. ■



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**Sept. 10-14**

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All discounted tests must be prepaid.

Results will not be forwarded onto your primary care provider.

If you have questions regarding your results, we encourage you to set up an appointment

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## Stoller named Outstanding Rural Health Professional

**T**heo Stoller, CEO of Jacobson Memorial Hospital Care Center (JMHCC) in Elgin, has been named North Dakota's Outstanding Rural Health Professional. The state honor was bestowed upon Stoller during the Dakota Conference on Rural and Public Health's banquet June 14 in Grand Forks.

This award is presented to a professional located in rural North Dakota who has demonstrated leadership in the delivery of rural health services, and is unselfishly committed to making a significant and sustained impact on the health of their community and service area.

"What a great honor to be receiving this award," Stoller said. "I really think the entire staff is deserving of this award because we've been able to accomplish so much in the last five to 10 years."

A video highlighting Stoller's accomplishments can be found at <https://ruralhealth.und.edu/dakota->

conference/awards/professional.

"Theo has roots in rural North Dakota and knows firsthand the importance of quality health care for the community," said Robert Larson, president of the Jacobson Memorial Hospital Foundation. "He is an

Theo Stoller received his award during the Dakota Conference on Rural and Public Health.

energetic and forward-looking leader who has made valuable improvements in programs and facilities that have positively affected the community and the region."

Stoller has served as JMHCC's CEO since 2013. He obtained his bachelor of science degree in human resource management from Dickinson State University in 2008 and served as the human resources director at JMHCC for five years before being named as the CEO. Since then, he's continued to challenge himself and recently obtained a master's degree



from the University of Mary.

With family roots in Grant County and committed to the future of JMHCC, Stoller is an exemplary CEO, the award nomination stated.

"He continually prioritizes patients in every aspect of JMHCC, and

*continued on next page*

## Finding it difficult to continue hands-on care for your loved one?

**Jacobson Memorial Hospital Care Center provides skilled nursing care. Your loved one will find comforting, nurturing care and you will have peace of mind close to home.**

### Rooms now available in Elgin, ND

Call Leslie to schedule a tour or for admissions at 701-584-2792 or email [lbooth@jmhcc.org](mailto:lbooth@jmhcc.org).

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- Nutrition management • Activities and socializing



*continued from previous page*

encourages staff to take the same approach. He knows each patient by name, and often arrives at work early to visit with the patients," the nomination stated.

The JMHCC staff has accomplished some massive projects to improve its service to patients, including acquiring a new 32-slice CT scanner, then completing a major renovation project to incorporate the scanner inside the facility, improve the hospital's lab and radiology departments, and improve the Elgin Community Clinic's ability to better serve patients by adding exam rooms, expanding the reception area and improving privacy.

JMHCC has increased the number of in-patient hospital beds from 25 to 30 through a federal project. JMHCC is the only critical access hospital in North Dakota selected for the project, and one of only three in the nation.

Stoller also led the effort for JMHCC to be designated as an Acute Stroke Ready Hospital and Elgin as a Cardiac Ready Community. Most recently, he added psychiatric and psychotherapy services to the clinics via telemedicine.

The Elgin Community Clinic also launched a childhood immunization program and well-child visits, which it had not offered in the past.

Stoller serves as executive director of the Jacobson Memorial Hospital Foundation and has led fundraising efforts to support local projects.

Most recently, JMHCC renovated the hospital lobby and activity room and will soon renovate the hospital nurses' station.

Theo is also a tireless community advocate. He has served on the New Leipzig and Elgin city councils and as an EMT on the New Leipzig Ambulance Service. He is a member of the Elgin Lions Club and the Elgin Community Betterment.

On the state level, he serves on the N.D. Department of Health's Stroke Committee and Trauma Committee and is a member of the North Dakota Hospital Foundation board.

He is also a member of the American College of Healthcare Executives and the Healthcare Financial Management Association.

He and his wife, Crystal, have two young children. ■

## Ackerman named DON

TyAwna Ackerman, a registered nurse at Jacobson Memorial Hospital Care Center (JMHCC) in Elgin, has been appointed as the director of nursing (DON) at JMHCC, after having served as the interim DON since March.

"I accepted the position to try to offer long-term consistency, which is better for the patients and staffing all-around," she said.

"This is a position I never thought I would do, but when the need arose, I thought I would accept the challenge and grow with my nursing skills in a different area," she added. "I hope to work on positive outcomes."

"We are excited that TyAwna accepted this position," said JMHCC CEO Theo Stoller. "We are confident in her abilities. She always has the patient in mind, which is JMHCC's main goal."

As a registered nurse, she holds a bachelor of science degree from the University of Mary. Before being named as DON, she was the clinic nurse supervisor and led the infection control and quality programs. She started working at JMHCC as a CNA in 2013.

Ackerman was recently named as North Dakota's Childhood Immunization Champion, an award which recognizes individuals who make a significant contribution toward improving public health through their work in childhood immunization. Ackerman was recognized for her work in launching a childhood immunization program at JMHCC.

"I look forward to continuing to work with our patients in providing the best care right here at home," Ackerman said. ■

## Discounted sports physicals

Athletes who participate in school sports need a physical EVERY year!

Sports physicals for \$35 July 1-Aug. 31

Payment required same day as physical

Call to schedule an appointment today!

Elgin Community Clinic  
584-3338

8 a.m.-4:30 p.m. MT Monday-Friday

Glen Ullin Family Medical Clinic  
348-9175

8 a.m.-4:30 p.m. CT Monday-Friday

JMHCC is an equal opportunity provider and employer



# Investing in tomorrow, today

**T**he Jacobson Memorial Hospital Foundation (JMHF) is a nonprofit organization formed to raise funds to help financially support the vital, life-saving services of the Jacobson Memorial Hospital Care Center (JMHC).

Funds are designated by a board of directors for specific projects or expenditures to support JMHC. The JMHF has several ways you can donate to support JMHC.

You have the opportunity to make a difference with your donation! ■

Send donations to:

JMHF  
PO Box 367  
Elgin, ND 58533

## GIFTS OF GRAIN OR LIVESTOCK

The JMHF has a Gifts of Grain and a Gifts of Livestock program to allow farmers and ranchers to donate grain or livestock and receive tax advantages. Contact us for details or visit [www.jacobsonhospital.org](http://www.jacobsonhospital.org) to learn how to take advantage of the programs.

### Gifts of Grain

1) Contact Jacobson Memorial Hospital Foundation (JMHF) to inform us that the gift is to be made. Contact JMHC CEO Theo Stoller at 701-584-2792 or [tstoll@jmhc.org](mailto:tstoll@jmhc.org).

2) Complete the form regarding a gift of grain on the website at [www.jacobsonhospital.org](http://www.jacobsonhospital.org) or request a form at the telephone number above. Indicate the type and quantity of grain being contributed. Send the form to the Jacobson Memorial Hospital Foundation, P.O. Box 367, Elgin, ND 58533. The form should be received at least five business days prior to delivery at the elevator.

3) When you deliver the gifted grain to the local elevator, tell the elevator to issue a storage receipt in the name of the Jacobson Memorial Hospital Foundation. The receipt is evidence that ownership of the grain was transferred from the farmer to the JMHF. E-mail the storage receipt to [tstoll@jmhc.org](mailto:tstoll@jmhc.org).

4) Because the JMHF owns the grain following your gift, you may not instruct the elevator to sell the grain.

5) Remind the elevator to issue the check for the sale of the grain to the JMHF. JMHF will issue a receipt that indicates the amount of grain sold for your crop insurance records.

### Gifts of Livestock

1) Contact Jacobson Memorial Hospital Foundation (JMHF) to inform us that the gift is to be made. Contact Theo Stoller at 701-584-2792 or [tstoll@jmhc.org](mailto:tstoll@jmhc.org).

2) Complete the "Letter from the Producer" regarding the Gifts of Livestock at [www.jacobsonhospital.org](http://www.jacobsonhospital.org) or request a form at the telephone number above. Indicate the type and quantity of livestock being contributed. Send the form to the Jacobson Memorial Hospital Foundation, P.O. Box 367, Elgin, ND 58533.

3) We request that you deliver the livestock to market on behalf of the JMHF and will provide you with a completed form, "Instructions to Sale Barn for Gifts of Livestock."

4) Deliver the livestock to market on behalf of the JMHF and provide a copy of your "Letter from the Producer" and completed "Instructions to Sale Barn for Gifts of Livestock."

5) Remind the sales barn to issue the check for the sale of the livestock to the Jacobson Memorial Hospital Foundation and send it to: P.O. Box 367, Elgin, ND 58533. ■

## RESERVE A MEMORIAL

Make a cash donation in memory of a loved one, indicating who is being honored or memorialized.

The JMHF welcomes cash donations anytime. Cash donations can be coupled with other funds to continually improve JMHC's programs and services ■

## USE AMAZON SMILE

JMHF participates in AmazonSmile, a program in which Amazon donates 0.5 percent of the purchase price of eligible products to charitable organizations.

"We encourage shoppers to first support our local businesses whenever possible," says JMHC CEO Theo

Stoller. "But we encourage you to support JMHC through this opportunity when purchasing products you cannot find locally."

AmazonSmile is a website operated by Amazon, which is similar to [www.amazon.com](http://www.amazon.com). The difference is that when customers shop at [www.smile.amazon.com](http://www.smile.amazon.com), the AmazonSmile Foundation donates 0.5 percent of the price of eligible purchases to the charitable organizations selected by customers. When they go to the website, customers can pick their own charitable organization at the bottom left of the page. Type "Jacobson Memorial Hospital Care Center" or Jacobson Memorial Hospital Foundation" and click on the "search" button. Then follow the instructions as you proceed to the site. ■



# Farmers and ranchers!

# BRAND A BOARD, LEAVE A LEGACY



Partner with Jacobson Memorial Hospital Foundation and Jacobson Memorial Hospital Care Center to leave your farm or ranch's brand at a local landmark, JMHCC.



#### How the "Brand a Board, Leave a Legacy" campaign will work

We would like to recognize all the farmers and ranchers who support their local community by displaying their brand and, at the same time, help support the Foundation and its important mission.

- ❖ Jacobson Memorial Hospital Foundation will supply a 10- by 10-inch pine board or a 14- by 14-inch pine board.
- ❖ Brand your board and have it displayed at JMHCC's branding wall for \$125 per brand.
- ❖ A family can pool their brands for a reduced price of \$100 per brand, with a minimum of three brands per family.
- ❖ Freeze brands are welcome, but will need to be drawn (we can help).
- ❖ JMHF will then label your brand with the names as you wish stated.
- ❖ A family who does not have a brand may also participate. We will label your board with your name or you may supply a design to include.



Those who wish to leave a lasting legacy at JMHCC may brand their board by appointment or pick up a board to brand by calling JMHCC CEO Theo Stoller at 584-2792 or emailing him at [tstoll@jmhcc.org](mailto:tstoll@jmhcc.org).

The campaign's goal is 125 brands placed on the wall at JMHCC. The campaign will continue until the goal is reached. Funds will help complete the third phase of a project to improve patient care and create a more comfortable atmosphere.



# What is a Medicare wellness visit?

**M**edicare and commercial insurance companies are now offering coverage for “wellness visits,” but what exactly is a wellness visit and how does it differ from an annual physical or other office visit? Jacobson Memorial Hospital Care Center (JMHCC) and its affiliated clinics in Elgin and Glen Ullin would like to help patients understand what a wellness visit typically includes.

A wellness visit is not for diagnosis of an illness or for medication refills. Wellness visits are intended for a provider and patient to discuss preventative care, screenings and immunizations. Patients who have a suspected medical condition, who want a physical assessment with lab testing, or who have questions about medications should schedule a regular office visit for problem management rather than an annual wellness visit, as this visit is limited to specific criteria.

Many commercial insurance companies cover preventative care visits without cost-sharing and before you meet your deductible. This means there is no copayment or coinsurance for preventative health visits. It is important to communicate with your insurance provider or review a copy of your policy to understand what the policy does or does not cover. If you are having trouble obtaining your policy or you do not understand what is covered, JMHCC’s business office may be able to assist. If an extended physical exam, diagnostic labs or other procedures are needed, an additional visit will need to be scheduled.

Upon enrollment in Medicare Part B, an initial preventative physical examination is covered at no cost to the patient if scheduled within a year after enrollment. During that visit, the provider will review the following: medical and social history; potential risk factors for depression and other mood disorders; functional ability and level of safety; height, weight, body mass index, blood pressure, and visual acuity; end-of-life care planning; and many

other screenings. Well woman exams, mammograms, colon cancer screening and prostate cancer screening are also covered as part of wellness visits. After the initial visit, Medicare part B covers an annual wellness visit to update health risk assessment and screenings.

“The annual wellness visit is intended to keep Medicare beneficiaries healthy or help Medicare beneficiaries become healthier by promoting positive health habits and a healthy lifestyle,” according to Medicare. “The annual wellness visit aims to prevent the onset of disease and disability to slow the progression or exacerbation of existing illnesses.” In other words, wellness visits are important to maintaining the overall health of a patient.

JMHCC encourages patients to review their insurance policies and schedule for a yearly preventative health wellness visit. We look forward to providing these services in addition to care provided for chronic disease management and acute illnesses/injuries.

If you have any questions, please contact JMHCC at 701-584-7231. Further information on covered preventative care services is available by visiting the website, [www.cdc.gov/prevention](http://www.cdc.gov/prevention). ■



## *For appointments, call:*

**Elgin Community Clinic**  
603 East St. North  
Elgin, ND 58533

**Telephone: 701-584-3338**

**Hours: 8 a.m. to 4:30 p.m. MT Monday-Friday**

**Glen Ullin Family Medical Clinic**  
602 Ash Avenue  
Glen Ullin, ND 58631

**Telephone: 701-348-9175**

**Hours: 8 a.m. to 4:30 p.m. CT Monday-Friday**



## JMHCC establishes online portal for patient convenience

**J**acobson Memorial Hospital Care Center (JMHCC) hospital and clinic patients may now request prescription refills, check lab results and schedule appointments online through a secure online patient portal.

The patient portal can be accessed by logging onto [www.jacobsonhospital.org](http://www.jacobsonhospital.org) and clicking on the "Patient Portal" button on the homepage. There, patients can view their medical information and list of medications, schedule an appointment or request a prescription refill.

If you are a first-time user, you will need to register to begin using the portal.

To initially access the portal, patients are asked to contact Meaningful Use Coordinator Linda Koeplin at JMHCC. Contact Linda

at 701-584-7273 to receive your personal pin number and a review of the portal. You must have internet access and be at a computer when you make the call so Linda can guide you through the process.

Once registered, you may begin to use the site. At the top of the homepage, you will be asked "What would you like to do?" There, you can click on several options, including:

- request an appointment
- refill a medication
- send a message
- request a referral

Patients may also use the portal to schedule an appointment at the Elgin Community Clinic or Glen Ullin Family Medical Clinic. On the site, select your preferred choices of appointment times, clinic location and preferred provider, along with the reason for the

clinic appointment.

The clinic receptionist will then call the patient to confirm the appointment time that is available for the preferred provider.

Under "My Account," patients can also request an appointment reminder by text or phone.

The scheduling feature will offer more convenience for those who are not able to contact the clinics during regular business hours.

Patients may also view their medical chart online at the site, which includes information about past visits.

"We encourage everyone to obtain your pin number, instructions and begin using the portal," says JMHCC CEO Theo Stoller. "This will allow you to stay updated regarding your health." ■

## A SIMPLE SHOT can STOP a lot

**C**ertain immunizations for senior citizens are important for overall health. Some of those important vaccines recommended by the Elgin Community Clinic and Glen Ullin Family Medical Clinic include:

### Influenza vaccine

As influenza season nears, vaccinations for everyone 6 months of age and older are the first and most important step in protecting against this serious disease.

Influenza is a contagious respiratory illness that can be severe and life-threatening. You should get your flu shot annually as early in the season as possible.

### Shingles vaccine

Shingles is a painful skin rash that's caused by the same virus responsible for chickenpox. Researchers

believe that the age-related weakening of our immune systems can trigger the "reawakening" of the dormant chickenpox virus. One in three adults contracts shingles at some point in their life, the majority of whom are 60 years or older. The shingles vaccine is a one-time vaccination that all adults aged 50 or older should receive. As the vaccine's effectiveness only lasts five years, and given that symptoms become more severe with age, it could be better for some to wait until they are aged 60 or older to get the injection, but you should consult your doctor to learn what is best for you.

### Pneumococcal vaccine

A weakening immune system means that older adults are at greater risk, and can face more severe side effects from pneumococcal disease. The vaccine is two shots given about a year apart. Check with your doctor. ■

**The Elgin Community Clinic also has all childhood immunizations available.  
For an appointment for immunizations, call the Elgin Community Clinic at 584-3338.  
Appointment hours are 8 a.m. to 4:30 p.m. MT Monday-Friday.**



**Are you loyal, driven,  
and compassionate?**

**Join our team of  
like-minded people.**

All full-time and part-time positions are eligible for our competitive benefits package.  
Contact Kristin at (701) 584-7247 or [kheid@jmhcc.org](mailto:kheid@jmhcc.org) to apply.  
JMHCC is an equal opportunity provider and employer.

#### **Dietary aide**

Part time; rotating days and evenings, weekends and holidays.

#### **Maintenance assistant**

Full time; rotating weekends and holidays. \$2,000 sign-on bonus.

#### **Housekeeper**

Full time; rotating weekends and holidays. \$1,000 sign-on bonus.

#### **Laundry aide**

As needed

#### **Licensed Practical Nurse (LPN)**

Enrich the lives of patients while choosing your own schedule in full-time or part-time LPN position. Competitive pay and benefits; eligible for \$15,000 student loan repayment and \$5,000 sign-on bonus.

#### **Registered Nurse (RN)**

Make a difference and gain valuable experience as a full-

time or part-time charge nurse at JMHCC! This position is eligible for a \$5,000 sign-on bonus and \$15,000 student loan repayment program, along with competitive pay and benefits.

#### **CNA instructor**

Part time; must hold a current RN license, have two years charge nurse experience and one-year long-term care/swing bed experience.

#### **Clinic Nurse RN/LPN – Glen Ullin**

This role is full time and eligible for competitive wages and our full benefits package, along with a \$7,500 sign-on bonus and up to \$15,000 student loan repayment for nurses.

#### **Certified Nurse Assistant (CNA)**

Support and empower patients through hands-on care in a meaningful CNA role at Jacobson Memorial Hospital. CNA certification required, but we can assist you in obtaining certification if necessary. Full-time or part-time positions are available. These positions are eligible for a \$4,000 sign-on bonus, along with competitive wages and benefits package.

*Serving with commitment, compassion, excellence and integrity*

