

JMHCC

Lifelines



Carrie Roth, the ambulance squad leader, reviews some new information with Theo Stoller, who is one of the JMHCC employees who volunteers on the squad.

Volunteering from the HEART

When the siren sounds. Or when a book's pages inspire for the first time. When a Cub Scout beams after earning that first badge. Or when a local government needs new voices. That's where you'll find Jacobson Memorial Hospital Care Center (JMHCC) employees as they commit to volunteerism in local communities.

JMHCC employees are encouraged

to serve as volunteers, and many of the 81 employees do just that.

"We want to make sure our employees are spreading our mission to helping our community," JMHCC CEO Theo Stoller said. "We do it because we are part of the community."

Several JMHCC employees carry pagers as ambulance and fire department volunteers, and are allowed to

leave their job posts whenever they are summoned for an emergency. Stoller has volunteered on the ambulance since 2010 and has been an EMT for five years.

He joined the squad after witnessing a fatal motor vehicle accident and helping as a bystander. But he has other motivation to serve also.

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JMHCC Lifelines • Spring 2018

JMHCC
601 East St. North
PO Box 367
Elgin, ND 58533
701-584-2792
www.jacobsonhospital.org
www.facebook.com/JMHCC

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"I want to see and talk to the patients and understand it from the medical side, rather than just always the administration side. I want to stay grounded and make sure if people need help, I understand what they're going through," he explained.

Also serving on the ambulance squad are Tara Gaugler, Kristin Heid, Jeff Wruck, Trish Rios, Michell Brabazon and Dori Weikum, who are all JMHCC employees, as well as Brad Stern, Lamont Gaugler and squad leader Carrie Roth.

Wruck, who works in the environmental services department at JMHCC, has served on the ambulance for 13 years, and also carries a pager as a firefighter for both the New Leipzig and Elgin fire departments.

"I just really like helping people," he said. "I really like being part of the whole team with everybody else, too."

"You get to help your local community. Everybody knows everybody around here. It's not like the big city, where you don't know your neighbor. One day, it could be your family member in the back of the ambulance and you hope that somebody will help



Michell Brabazon volunteers at the Elgin Public Library.

"If I can even have one child start enjoying reading now when they're younger, then I figure I've accomplished something."



them out," Wruck said.

But volunteers don't just respond during emergencies. They also serve their communities in quieter ways.

Wruck has served on the New Leipzig city council, the local school board and currently serves as a director for Cannonball Township.

In Glen Ullin, Carrie Gerving, a family nurse practitioner at JMHCC, is secretary of the local Booster Club, is a member of Dollars for Scholars and has served on the Glen Ullin school board for about 10 years. She is also involved on the Glen Ullin Hall of

Fame Committee that will hold its first event this summer recognizing Glen Ullin community members.

"In a small community, you want to see things continue to get better and to do that, you need involvement," Gerving said.

Stoller has served on city councils since 2010, when he joined the Elgin city council. After moving to New Leipzig, he's served on that city council since 2013.

"It has been a rewarding experience to learn a different side of city government," he said.

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Welcome!

Welcome to Lifelines, a newsletter which is published quarterly by the Jacobson Memorial Hospital Care Center and the Jacobson Memorial Hospital Foundation, serving the region.

The mission of Jacobson Memorial Hospital Care Center:

Advance the health of the communities with respect and accountability, providing peace of mind close to home.

The vision of Jacobson Memorial Hospital Care Center:

Strive to be the community choice by providing excellent health care through continuous improvement.

The mission of the Jacobson Memorial Hospital Foundation:

Jacobson Memorial Hospital Foundation, in support of Jacobson Memorial Hospital Care Center, is to engage and foster health care philanthropy, and provide funds, support and programs to enhance continuous health care excellence for our region.

JMHCC Chief Financial Officer Scott Ostenson also serves on the New Leipzig city council, is an Elgin Lions member and was among a group who restarted the Cub Scouts in Elgin.

“When we came here from Fargo, we just wanted to help maintain what was here and get involved to help,” he explained about his contributions. “I went through the whole Cub Scout program when I was a kid and I wanted my son to be a part of it as well.”

JMHCC employees also deliver Meals on Wheels every Wednesday to shut-in residents in Elgin.

Stoller is also a member of the Elgin Lions and the Elgin Community Betterment, and he’s involved in organizations on a state and national level, including the American College of Healthcare Executives, the Healthcare Financial Management Association, the N.D. State Trauma Committee, the N.D. Stroke Task Force and he is the chairman of the N.D. Hospital Association Foundation.

“That has to do with making the system better, because not everybody is talking about what is happening in the critical access world,” Stoller said about his involvement on state and national organizations. “To really tell our story is important. I make it a point to tell our story to make sure that people know that Grant County and our service territory is really on the map, because our problems need to be talked about. That’s why it’s important for our team, whether it be Carey Rivinius doing an educational presentation or me testifying about a bill or serving on a trauma committee. We need to make sure our patients are being taken care of. That’s why I volunteer to serve on those.”

JMHCC providers also share their voices on a statewide level. For example, Carey Rivinius is past president of the North Dakota Nurse Practitioners

Scott Ostenson helped restart Cub Scouts in Elgin so his son, Mikkel, could be a Cub Scout.

“I went through the whole Cub Scout program when I was a kid and I wanted my son to be a part of it as well.”



Association and serves on the North Dakota Colorectal Cancer Roundtable Steering Committee.

At the local level, Michell Brabazon, a nurse at JMHCC, has been a dedicated library volunteer, spending one day a week at the Elgin Public Library to help patrons, and leading the summer reading program for local children.

“I like to read. I love reading, and the library is full of books,” she said with a smile. “Any little interest I can instill in younger generations to get involved in reading is great, because when I was younger, I hated to read.”

Brabazon remembers her third-grade teacher in Hettinger giving each student a library card. With the library card in hand, Brabazon’s mother started taking her to the library once a week and enrolled her in the summer reading program.

“From then on, I just loved reading,” Brabazon said.

“If I can even have one child start enjoying reading now when they’re younger, then I figure I’ve accomplished something or if I’ve sparked an interest in something else because they heard a speaker talk about engineering or meteorology or something they never even thought about, that’s good,” she said.

Brabazon brings speakers to the library during the summer reading program who have shared information on



topics ranging from building bridges, to predicting the weather.

With more than 3,800 visitors and nearly 2,000 books checked from the library in 2017, Brabazon and other library volunteers keep busy.

“Helping out your community. That’s the biggest thing,” she said. “There are some things that you need to volunteer to do. It’s kind of like being a leader by example. It’s showing leadership. You have to step up and do something. You can’t just sit back and say, ‘Well, somebody else will do it.’ It doesn’t work that way.”

“I think it’s the right thing to do,” Stoller said about volunteering. “It’s what needs to happen for these small communities and it makes you feel good to help somebody. It’s important to volunteer and do something for your neighbor when there isn’t anything that should be coming back to you, because that’s the right way to do things.” ■

We're celebrating!

NATIONAL HOSPITAL WEEK • MAY 7-11

Jacobson Memorial Hospital Care Center, Elgin

Public events planned during celebration

Jacobson Memorial Hospital Care Center (JMHCC) in Elgin will celebrate National Hospital Week with activities May 7-11, including discounted prices on certain lab tests; free blood pressure screenings; classes on responding to a cardiac arrest; and a 5-K walk/run in Elgin and Glen Ullin.

"We invite the public to celebrate the week with us, and encourage everyone to take advantage of all the events we have scheduled," says JMHCC CEO Theo Stoller.

DISCOUNTED LAB TESTS

Discounted prices on nine different lab tests will be available Monday through Friday, May 7-11, at the Elgin Community Clinic and Glen Ullin Family Medical Clinic.

For appointments, call the Elgin Community Clinic at 584-3338 or the Glen Ullin Family Medical Clinic at 348-9175. All tests must be prepaid. (See related story for details on the lab tests being offered.)

HEART HEALTH ENCOURAGED

Free blood pressure screenings will be conducted at the clinics during regular hours May 7-11.

To encourage residents to be prepared during a cardiac arrest, JMHCC is offering free 10-minute sessions on how to recognize and respond

to a cardiac arrest, and how to do compressions. The sessions will also include a demonstration on using an AED, a portable electronic device used during cardiac arrest.

The classes will be held from 9-11 a.m. MT Tuesday, May 8, and from 1-3 p.m. MT Thursday, May 10, in the conference room in the lower level of JMHCC. The public can arrive anytime during those hours to complete a session. A certified instructor, Carrie Roth, will be leading the classes.

COMPLETE WALK/RUN

On Friday, May 11, a 5-K walk/run will be held from 8 a.m. to 4 p.m. in Elgin and Glen Ullin. Participants must register at the clinic in the community where they plan to complete the walk/run. A course map will be posted at each clinic. Complete the course on your own schedule during the day, then check back in at the clinic.

Each participant who registers and completes the course will receive a water bottle.

Other events planned during National Hospital Week include:

- On Friday, May 11, Custer Health nurses Bridget Winkler and Heidi Peltz will conduct bike safety demonstrations and share information on "Think Your Drink" from 8:30 a.m. to noon

MT at the Elgin Community Clinic.

- Throughout the week, entries from the JMHCC National Hospital Week coloring contest will be displayed in the lower level of JMHCC, in the hallway just off the Elgin Community Clinic. Local elementary students completed the entries.

- Staff will be dressing for a different theme each day, so stop by and vote for your favorite. On Monday, staff will wear red, Tuesday is beach day, Wednesday is JMHCC apparel day, Thursday is team spirit day and Friday is fitness day.

- Refreshments will be served at JMHCC during National Hospital Week in the lower level of the facility.

RECOGNIZING NURSES

National Nurses Week is celebrated the same week as National Hospital Week, so the public is also encouraged to stop by and say "thank you" to the dedicated nursing staff at JMHCC and its affiliated clinics.

The 17 nurses who are RNs or LPNs at JMHCC have a combined total of 278 years of experience.

"We are proud of the experience and dedication of our nursing staff," Stoller says. "We thank each of them for their continued dedication to all of our patients." ■

Discounted lab tests offered May 7-11

Discounted prices on nine different lab tests will be available from 8:15 a.m. to 4:45 p.m. MT Monday-Friday, May 7-11, at the Elgin Community Clinic and from 8 a.m. to 4:30 p.m. CT at the Glen Ullin Family Medical Clinic. All tests must be prepaid. For appointments, call the Elgin Community Clinic at 584-3338 or the Glen Ullin Family Medical Clinic at 348-9175.

Chem 14: \$27

(Must fast beforehand)

Used to check organ function and monitor certain health conditions. A Chem 14 measures blood levels of sodium, potassium, chloride, bicar-

bonate and glucose. It also evaluates kidney and liver function. This is considered a baseline test to monitor overall health.

Lipid panel: \$34

(Must fast beforehand)

Measures the amount of cholesterol and triglycerides in your blood to monitor heart health.

Complete blood count: \$20

(Must fast beforehand)

A complete blood count checks hemoglobin, and white and red blood cells. Used to detect anemia or infections.

TSH (\$42) and Free T4 (\$17)

Evaluates thyroid function.

PSA: \$39

Tests for prostate cancer.

Glycated hemoglobin (A1C): \$24

Used to detect diabetes.

Urine microalbumin and creatinine: \$23

Monitors kidney health and detects early signs of kidney damage.

Vitamin D: \$50

Tests for Vitamin D deficiency. ■

Join us!

Lori Hill, FNP-C Carrie Gerving, FNP-C Dr. Alan Lindemann, MD Carey Rivinius, DNP, FNP-C Lesley Kling, DNP, FNP-C

Serving with commitment, compassion, excellence and integrity

Serving with commitment, compassion, excellence and integrity

Join us **May 13-19, too!**

JMHCC will be celebrating National Skilled Nursing Care Week May 13-19, too!

On Sunday, May 13, our long-term care patients will celebrate Mother's Day with a Mother's Day Tea at 2:30 p.m. And on Thursday, May 17, a volunteer appreciation reception is being planned at 2:30 p.m. The public is encouraged to attend these events in the JMHCC activity room, as well as visit with residents during the week or anytime!

The theme for this year's week is "Celebrating Life's Stories," and JMHCC will be paying tribute to the residents by celebrating their life stories all month long! ■

physical therapy

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A team of professionals stands behind our physical therapy department.



JMHCC's team of providers

Experienced

Professional

Caring

Treating all ages

Injuries or ongoing conditions



Our goal

Physical therapists work closely with doctors, occupational therapists and nurses to develop a treatment plan to restore patients to their full potential. Often, recovering from an injury or surgery can be frustrating and even scary for patients. We encourage and motivate patients to do their best and work toward a full recovery.

CALL FOR AN APPOINTMENT TODAY!

Elgin Community Clinic

603 E. St. N., Elgin • 584-3338

Hours: 8:15 a.m.-4:45 p.m. MT

**NOW WITH EXPANDED HOURS IN ELGIN
Monday, Tuesday, Wednesday, and Friday**

Meet Lowell Ostenson

Therapy close to HOME

Lowell Ostenson takes a tentative step, then another. With the supporting hand and professional guidance of Physical Therapist Mark Bogert, he's gaining both strength and confidence. Those are important attributes for Ostenson, who was diagnosed with Parkinson's disease about 12 years ago.

Parkinson's disease is a neurodegenerative disorder that affects a specific area of the brain. Symptoms often progress into tremors, limb rigidity, and gait and balance difficulties.

With the support of Jacobson Memorial Hospital Care Center's physical therapy department and team of providers, Ostenson is finding professional care close to home.

Sue and Lowell Ostenson moved to Elgin in November, spending some time in California over the winter, then returning to the community this spring.

Lowell started physical therapy with Bogert in March to help him with his symptoms. With stiff joints and balance issues, he first sought physical therapy in California, after having some health setbacks.

"This is the best he's been," Sue said. "A lot of places don't know what to do with Parkinson's disease. It's a progressive thing. Some days, he can walk good and some days, he can't."

With expanded hours in the physical therapy department at JMHCC, patients can now seek treatment Monday, Tuesday, Wednesday and Friday. Lowell appreciates the convenience of being close to home for his twice-a-week physical therapy sessions.



"What I like and I've said it a couple times driving down here, it's only five minutes and we're here," Lowell said.

"A lot of what we do is balance and lower extremity coordination. Parkinson's patients are real prone to falling. One of the major symptoms with Parkinson's is that people have trouble initiating gait," Bogert explained. Maintaining coordination and balance is important for Lowell, and Bogert directs his therapy to all those issues.

Lowell is also gaining strength through his physical therapy with Bogert.

"The other thing we do is a lot strengthening and I think we've seen some improvement in the leg strength," Bogert said.

Bogert works closely with JMHCC's doctors, occupational therapist and nurses to develop a treatment plan to

Physical Therapist Mark Bogert, left, assists Lowell Ostenson with improving his muscle strength and balance during twice-a-week sessions at JMHCC.

restore patients to their full potential.

"Often, recovering from an injury or surgery can be frustrating and even scary for patients. We encourage and motivate patients to do their best and work toward a full recovery," he said.

Physical therapy is a specialty devoted to evaluating, diagnosing and treating disorders of the musculoskeletal system. Physical therapists are licensed health care professionals that treat individuals of all ages, from infants to the elderly.

"We treat a wide range of patients with varying physical problems, injuries or conditions limiting their ability to perform their daily functional activities. The ultimate goal is to restore maximum functional independence. To achieve this goal, physical treatments such as exercise, heat, cold and electricity are utilized in an attempt to help injured or ill people improve their movement or manage pain. Physical therapy can also help reduce the need for medications and provide alternatives to surgery," Bogert said.

With improvements through therapy, Lowell feels more confident in his movements.

"When it adds to your confidence like that, you're not
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second guessing yourself when you're stepping and walking. When you second guess yourself, you stutter step a little bit more and that's when you find yourself in trouble," Bogert explained to Lowell.

With more than 30 years of experience, Bogert treats patients in the hospital and swing bed settings as well as provides outpatient services. Conditions such as arthritis, and back, neck, shoulder and foot pain can be treated on an outpatient basis.

Swing bed services typically involve patients who are recovering from surgery or hospitalization.

"Our goal is to get these patients back on their feet," Bogert said. "We also treat patients who are recovering from total joint surgeries of the hip, knee, back and shoulder who need a little more time to recover prior to going home."

"Any time you are having difficulty performing normal day-to-day activities means you may benefit from physical therapy services prescribed to improve your range of motion, strength, balance and endurance," Bogert said.

While Lowell has exercises he can do at home, he needs Bogert's guidance with other therapy.

"He's so good. He knows Parkinson's because he knows exactly the exercises that he needs. You can go to therapy and they just work on you, but if you don't get the right muscles or the right places, it doesn't help," Sue pointed out.

And Lowell appreciates the bond he's developed with Bogert, as the two swap stories during the sessions.

"You work harder at it when you're having fun or have a good relationship," Lowell said. ■



Katie Allen



David Bialik



Kim Osowski

Psychotherapy services expand at JMHCC

Jacobson Memorial Hospital Care Center (JMHCC) in Elgin has expanded its services by offering more psychotherapy care, as well as its continued psychiatric care, at the Elgin Community Clinic and Glen Ullin Family Medical Clinic.

David Bialik, Kim Osowski and Katie Allen are seeing patients via telemedicine links at the clinics. Patients will come to the clinic for their appointments and register with the clinic receptionist, just as they do for other provider appointments. During their appointment, patients will be assisted by a clinic nurse to link with a psychotherapist or psychiatrist via a monitor in the exam room. The nurse will then leave the room so the patient has privacy during the session.

The psychotherapists and psychiatrists providing care at JMHCC are associated with the Center for Psychiatric Care headquartered in Grand Forks, and are familiar with the use of telemedicine services. They are available for both adults and children of all ages.

Appointments must be made directly through the Center for Psychiatric Care by calling 701-732-2509.

In addition to the psychiatrists already providing care, the psychotherapists now providing services include:

- David Bialik is a licensed inde-

pendent clinical social worker and board-certified diplomat in clinical social work. He has been with the Center for Psychiatric Care since 1999. David has more than 18 years of psychiatric care experience. David provides individual psychotherapy, marital and relationship therapy and family therapy.

- Kim Osowski is a licensed independent clinical social worker who joined the Center for Psychiatric Care in 1997. She has more than 21 years of experience providing therapy and diagnostic evaluations for children, adolescents and adults.

- Katie Allen is a licensed certified social worker. Katie provides individual psychotherapy, marital and relationship therapy, family therapy, and group therapy. She has experience in working with adolescents in juvenile justice systems and with military members.

The psychotherapists will be available to help with any type of therapy, ranging from anxiety, depression, grief, marital strife, parent-child concerns or emotional distress.

"We encourage area residents to pursue help and treatment for their mental health," says JMHCC CEO Theo Stoller.

Psychiatrists and psychologists differ in that psychiatrists are trained medical doctors and can prescribe and manage medications. ■

"Every Kid Healthy"

Childhood immunizations prevent diseases

The N.D. Department of Health (NDDoH) and Jacobson Memorial Hospital Care Center are emphasizing the need to fully immunize children 24 months and younger against 14 vaccine-preventable diseases.

"Vaccines are among the most successful public health tools available for preventing disease and death," said Molly Howell, immunization program manager for the NDDoH. "They not only help protect vaccinated individuals, but also help protect entire communities by preventing and reducing the spread of infectious diseases."

According to the Centers for Disease Control and Prevention, for children born between 1994-2016, vaccination

will prevent an estimated 381 million illnesses, 24.5 million hospitalizations, and 855,000 deaths over the course of their lifetimes.

According to the National Immunization Survey, North Dakota's infant immunization rate is 68.2 percent, which is below the national average of 70.7 percent.

"About 30 percent of North Dakota infants are not fully vaccinated on time, leaving them vulnerable to diseases," Howell said.

Quarterly, the NDDoH sends letters to parents of infants who are 30 or more days past due for immunizations. Parents should contact their primary care physician or local public health unit to schedule vaccinations for their children as soon as they receive a letter. ■



Doc Talk

Visit JMHCC's Facebook page to view the Doc Talk by JMHCC provider Lesley Kling about the importance of immunizations.

www.Facebook.com/JMHCC



FOR APPOINTMENTS:
Elgin Community Clinic
8:15 a.m.-4:45 p.m. MT
584-3338

Ackerman named North Dakota's Champion

Tyawna Ackerman, a registered nurse at Jacobson Memorial Hospital Care Center (JMHCC), has been named as North Dakota's Childhood Immunization Champion.

Ackerman received the Centers for Disease Control and Prevention (CDC) Childhood Immunization Champion Award for North Dakota. The award recognizes individuals who make a significant contribution toward improving public health through their work in childhood immunization.

Ackerman was recognized for her work in launching a childhood immunization program at JMHCC.

"Tyawna and her team have been working very hard to get an immunization program started at JMHCC," said JMHCC CEO Theo Stoller. "Tyawna has been devoted to increasing the vaccination rate in North Dakota. Thank you for making sure that our patients are number one in your heart."

Ackerman has been the clinic nurse supervisor since 2017. She started working at JMHCC as a CNA in 2013 and obtained a bachelor of science degree as a

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registered nurse in 2015.

This year marks the seventh annual presentation of the CDC Childhood Immunization Champion Award. The CDC honors one champion from each state to recognize individuals who are working at the local level. It honors those who are doing an exemplary job or going above and beyond to promote or foster childhood immunizations among children 0-2 years old in their communities.

Award recipients are recognized for leadership, collaboration, innovation and advocacy.

"I am truly honored, humbled and excited to receive this award. It is always better to prevent a disease than to treat it after it occurs. It is very exciting that JMHCC is able to provide this vital program to our community," Ackerman said.

Ackerman has been the catalyst in launching a childhood immunization program at JMHCC and its affiliated clinic, the Elgin Community Clinic.

Prior to the program's launch in April 2017, childhood immunizations were not available at the medical facility.

Launching an entirely new program is not an easy task, but Ackerman tackled it with professionalism and care. A pediatrics room was created at the Elgin Community Clinic to make children feel more comfortable at the facility. Supplies were purchased, clinic nurses were trained on how to vaccinate infants and a records system was created.

Now, she closely tracks immunization records and remains in contact with parents to keep them informed about immunization schedules.

Stoller describes her as a "rock star" for her role in creating the local immunization program to bring immunizations closer to home for all of the area's children. Ackerman showed great leadership in developing the program and continues to work tirelessly in informing the public about the importance of immunizations by sharing information for marketing

efforts and continuing to educate herself about immunization protocols.

"Tyawna is dedicated to quality in all aspects. She has found the implementation of a new immunization program to be challenging, but rewarding. She has had to learn all aspects and dynamics of an immunization program and is now a passionate advocate for childhood immunizations. She has put a positive, proactive program in place," Stoller said.

By implementing an immunization program at the local facility, parents can now make same-day appointments at the Elgin Community Clinic without having to travel to another medical facility. Removing these barriers has increased immunization rates in the local community.

Vaccines now available include: DTaP-IPV, DTaP-IPV/Hib, Hep A, Hep B, Hib, HPV, MCV4, Men B, PCV13, Rotavirus, Tdap, MMR, MMRV and Varicella. ■



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**Call us to schedule
an appointment!**

**Elgin Community Clinic
584-3338**

*Hours:
8:15 a.m.-4:45 p.m. MT*

**Glen Ullin Family
Medical Clinic
348-9175**

*Hours:
8 a.m.-4:30 p.m. CT*

New services at JMHCC and clinics

JMHCC launches visiting nurse program

Jacobson Memorial Hospital Care Center (JMHCC) in Elgin has launched a visiting nurse program to assist those who are homebound and need nursing assistance at home.

A longtime registered nurse, Peggy Imhoff will see patients in their homes to assist with needs such as medication management; respiratory man-

RN Peggy Imhoff sees patients in their homes to assist with certain medical needs.

agement, such as assistance with breathing treatments or education about symptoms; wound dressing; assistance with mobility after hip or knee surgery; and other services.

Patients are referred to the program by a provider, so those needing the services should contact the Elgin Community Clinic at 584-3338 for an appointment with a provider to obtain a referral. Patients need to have had an appointment with one of the providers in the past 60 days and must be residents of Grant County.

Once a patient is referred, Clinic Nurse Supervisor Tyawna Ackerman will screen the patient to make sure he or she qualifies for the service, then Imhoff will contact the patient to arrange visits.

The criteria for the program includes being homebound or needing assistance to leave the home, and requiring nursing services of some kind, Imhoff explained.

Imhoff is observing her 50th year in nursing, having worked for JMHCC and Custer Health over the years. She also worked with the CHI St. Alexius Health's visiting nurse program for 23 years. When CHI St. Alexius Health ended its program in Grant County,



JMHCC decided to offer the services in the county.

"Being we have elderly communities, there was a big need. We saw a gap in the medical services," Imhoff said.

Medicare covers visiting nurse services; private insurance coverage will depend upon the insurance carrier. Patients can be certified for up to 60 days in the visiting nurse program, when care is reassessed. If goals have not been reached during that time, the provider can recertify a patient for another 60 days.

"Hopefully, it keeps them out of the hospital and gives them more ownership of their disease process," Imhoff said. "The hospital is very community-oriented and just wants to keep a healthier community."

Those with questions or who need the service should contact the Elgin Community Clinic at 584-3338. ■

X-ray in Glen Ullin clinic

The Glen Ullin Family Medical Clinic now has computed radiology (CR) equipment that will allow for X-rays of the chest, abdomen and extremities.

"This equipment will allow for X-ray capability in Glen Ullin, so patients can remain close to home for those services also," JMHCC CEO Theo Stoller said. The equipment is now in place and fully operational. ■

Pain med contract

JMHCC and its affiliated clinics will be implementing a pain medication contract for patients prescribed pain medications for chronic conditions.

The contract provides for discontinuation of a pain medication prescription under certain conditions and requires a urinalysis to determine that medications are being taken as prescribed. ■

New Medicare cards issued

The Centers for Medicare & Medicaid services is being required by law to remove Social Security numbers from all Medicare cards by April 2019. Beginning in April 2018, new cards are being mailed to those with Medicare with new Medicare numbers.

If you have received a new Medicare card, please be aware that the card contains a new number and begin using the new card and number. ■



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Contact Kristin at (701) 584-7247 or kheid@jmhcc.org to apply.
JMHC is an equal opportunity employer.

Clinic Receptionist/Unit Secretary

As needed

Dishwasher

16-20 hours/week

Assistant DON

Part-time 20 hours/week. **This position is eligible for a \$5,000 sign-on bonus and \$15,000 student loan repayment program**, along with competitive pay and benefits.

Laundry Aide

As needed

Licensed Practical Nurse (LPN)

Enrich the lives of patients while choosing your own schedule in full-time or part-time LPN position. Competitive pay and benefits; **eligible for \$15,000 student loan repayment and \$5,000 sign-on bonus.**

Registered Nurse (RN)

Make a difference and gain valuable experience as a full-time

or part-time charge nurse at JMHC! **This position is eligible for a \$5,000 sign-on bonus and \$15,000 student loan repayment program**, along with competitive pay and benefits.

CNA Instructor

Part-time; must hold a current RN license, have two years charge nurse experience and one year of long-term care/swing bed experience.

Clinic Nurse RN/LPN – Glen Ullin

This role is full-time and eligible for competitive wages and our full benefits package along with a **\$7,500 sign-on bonus and up to \$15,000 student loan repayment** for nurses.

Certified Nurse Assistant (CNA)

Support and empower patients through hands-on care in a meaningful CNA role at Jacobson Memorial Hospital. CNA certification required, but we can assist you in obtaining certification if necessary. Full-time or part-time positions are available. **These positions are eligible for a \$4,000 sign-on bonus** along with competitive wages and benefits package.

Serving with commitment, compassion, excellence and integrity

